



# October 2022

## St. Anthony School



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		~~~~~ <b>Milk served with each lunch</b>	~~~~~ <b>.50 cents to purchase extra milk</b>			1
2	3 <i>Chicken Nuggets Buttered Noodles Cooked Carrots Diced Pears</i>	4 <i>Chili Mac Corn Bread Mixed Fruit</i>	5 <i>Pork Roast Rice w/ gravy Mixed Vegetables Roll Sliced Peaches</i>	6 <i>Sloppy Joe Pickle Spear Oven Fries Applesauce</i>	7 <i>Pizza Marinara Sauce Salad Pineapple</i>	8
9	10 <i>Beef Steak Fingers Mashed Potatoes w/ gravy Peas Tropical Fruit Bread</i>	11 <i>Soft Tacos Lettuce &amp; Tomato Shredded Cheese Refried Beans Applesauce</i>	12 <i>Chicken Alfredo Green Beans Garlic Stick Sliced Peaches</i>	13 <i>Chicken Burger Burger Salad Potato Wedges Chocolate Pudding</i>	14 <i>Frito Pie Salad Pinto Beans Shredded Cheese Sliced Peaches</i>	15
16	17 <i>Tomato Soup Grilled Cheese Celery w/ ranch Sliced Pears</i>	18 <i>Turkey &amp; Cheese Sandwich Carrots w/ ranch Pickle Spears Chips Dried Fruit</i>	19 <i>Lasagna Broccoli Normandy Garlic Stick Sliced Peaches</i>	20 <i>Hamburger Burger Salad Tater Tots Mixed Fruit</i>	21 <i>Pizza Marinara Sauce Corn Grapes</i>	22
23	24 <i>Chicken Nuggets Rice w/ gravy Mixed Vegetables Dice Peaches</i>	25 <i>Crunchy Tacos Lettuce &amp; Tomato Shredded Cheese Refried Beans Diced Pears</i>	26 <i>Corn Dogs Oven Fries Carrots w/ ranch Applesauce</i>	27 <i>Spaghetti w/ meat sauce Green Beans Garlic Stick Cinnamon Apples</i>	28 <i>Crispitos Pinto Beans Salad Tropical Fruit</i>	29
30	31 <i>Sausage Mac &amp; Cheese Cooked Carrots Sliced Pears Cookie</i>					